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NETFLIX

N SERIES

ADOLESCENCE

Parent Forum
May 2025



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Session Outcomes:

- To explore the themes of the TV show *Adolescence* and consider the wider context of the show
- To acknowledge the generational gap when it comes to social media with reference to language, emoji's and online trends.
- Identify the current picture
- Consider how best to safeguard young people from radicalisation





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What are

“Incels” is short for “involuntary celibates”, a term that originated on an online forum. Incels are men who are unable to find romantic or sexual partners despite wanting to. The term has become a label for a community of men who lack of romantic success. This can lead to misogynistic attitudes and anger, sometimes leading to violent rhetoric.

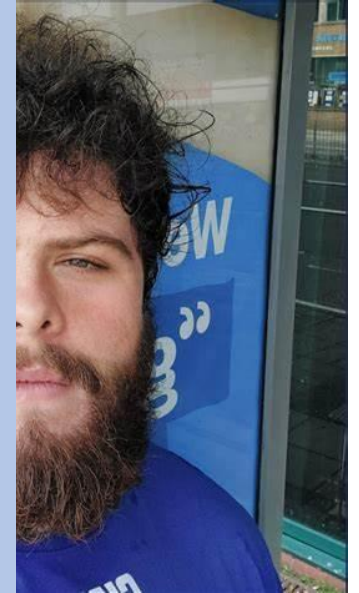
Belief in involuntary celibacy: Incels believe they are unable to find romantic or sexual partners despite wanting to, often attributing this to factors beyond their control, such as their physical appearance or societal norms.

Views on gender relations: Many incels hold negative views towards women, believing that women are responsible for their lack of romantic success. This can lead to misogynistic attitudes and resentment.

‘Blackpill’ philosophy: A subset of incels adhere to the ‘blackpill’ philosophy, which is a pessimistic view that suggests that one’s physical appearance and genetic traits are determined by genetics and that improvement efforts are futile.

The terms ‘Stacy’ and ‘Chad’ are used to describe stereotypical perceptions of attractive and socially successful individuals.

- **Stacy:** refers to a woman who is perceived as highly attractive, popular, and desired by men. Incel communities often view ‘Stacys’ as being out of their reach and only interested in dating ‘Chads’.
- **Chad:** is used to describe a man who is seen as very attractive, confident, and successful with women. ‘Chads’ are often depicted as having an easy time in social and romantic situations, which incels envy and resent.



(22) – Plymouth, UK.



PREVENT DUTY

Islamist
Terrorism

Extreme Far
Right

Antisemitism

Misogyny

Anti
Establishment

Anti LGBTQ+

The aim of PREVENT is to stop people becoming terrorists or supporting terrorism



FACTORS THAT MAKE A YOUNG PERSON MORE VULNERABLE TO RADICALISATION INCLUDE:



Easily Influenced or impressionable



Low Self -Esteem or being isolated



Feeling that rejection, discrimination or injustice is taking place in society



Experiencing community tension amongst different groups



Having a strong need for acceptance or belonging



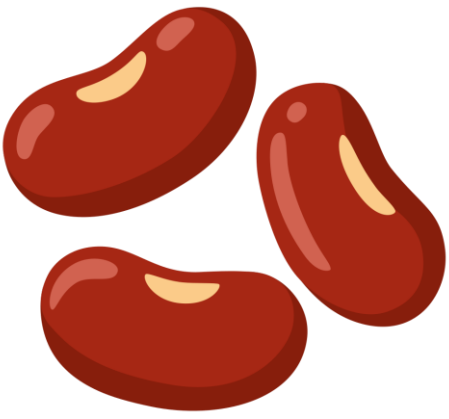
Being disrespectful or angry towards family and peers



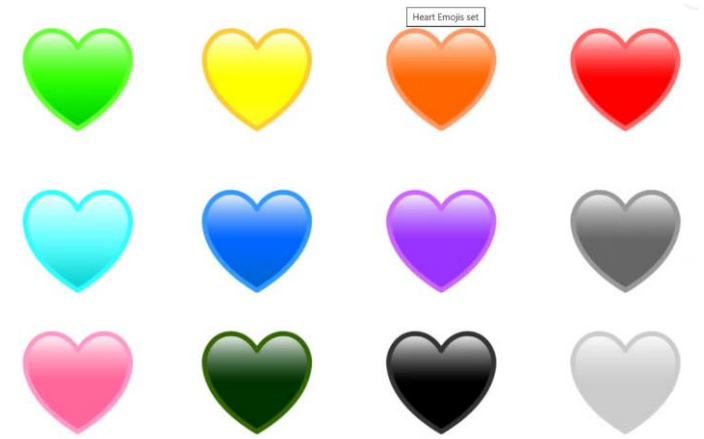
Experiencing grief such as loss of a loved one



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Challenges ...



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- Follow age requirements** - Many popular Apps, sites and games are 13+, it's important to check and follow these with pre-teens.
- Speak to phone providers** - If your child owns their own smartphone then contact the service provider to make sure it is registered as a child's device. This means additional safety restrictions can be put in place.
- Support your child with their settings** - Support your child to manage their safety and wellbeing settings across devices and accounts.
- Focus on regular safety conversations** – It's important to keep conversations regular at this age. Check our advice on [tackling challenging conversations](#) including tips for how to use technology to support you with this.
- Share youth facing help and support** - Make sure your child knows about services that can help like Childline. You could start by sharing the [online safety advice content](#) and the [Report Remove tool](#) created by the IWF and Childline.
- Revisit parental controls** – you will likely need to revisit your parental controls again at this age and adjust them. Keep checking these regularly to make sure they are in place.
- Explore healthy habits together** – Healthy habits work best when all the family agrees to following them. This could be agreeing to charge devices away from beds to support sleep and not using devices during mealtimes to help take breaks.
- Model Healthy Device Usage**



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FIFTEEN APPS

PARENTS SHOULD KNOW ABOUT

MEETME



MEETME IS A DATING SOCIAL MEDIA APP THAT ALLOWS USERS TO CONNECT WITH PEOPLE BASED ON GEOGRAPHIC PROXIMITY. AS THE APP'S NAME SUGGESTS, USERS ARE ENCOURAGED TO MEET EACH OTHER IN PERSON.

GRINDR



GRINDR IS A DATING APP CREATED TOWARDS GAY, BI AND TRANSGENDER PEOPLE. THE APP GIVES USERS OPTIONS TO CHAT, SHARE PHOTOS AND MEET UP BASED ON A SMART PHONE'S GPS LOCATION.

SKOUT



SKOUT IS A LOCATION-BASED DATING APP AND WEBSITE. WHILE USERS UNDER 17-YEARS-OLD ARE UNABLE TO SHARE PRIVATE PHOTOS, KIDS CAN EASILY CREATE AN ACCOUNT USING A DIFFERENT AGE.

WHATSAPP



WHATSAPP IS A POPULAR MESSAGING APP THAT ALLOWS USERS TO SEND TEXTS, PHOTOS, MAKE CALLS AND VIDEO CHAT WORLDWIDE. WHATSAPP USES AN INTERNET CONNECTION ON SMART PHONES AND COMPUTERS.

TIKTOK



TIKTOK IS A NEW MOBILE DEVICE APP POPULAR WITH KIDS USED FOR CREATING AND SHARING SHORT VIDEOS WITH VERY LIMITED PRIVACY CONTROLS. USERS ARE VULNERABLE TO BULLYING AND EXPLICIT CONTENT.

BADOO



BADOO IS A DATING AND SOCIAL NETWORKING APP WHERE USERS CAN CHAT, SHARE PHOTOS AND VIDEOS AND CONNECT BASED ON LOCATION. WHILE THE APP IS INTENDED FOR ADULTS ONLY, TEENS ARE KNOWN TO CREATE PROFILES.

BUMBLE



BUMBLE IS SIMILAR TO THE POPULAR DATING APP 'TINDER' HOWEVER, IT REQUIRES WOMEN TO MAKE THE FIRST CONTACT. KIDS HAVE BEEN KNOWN TO USE BUMBLE TO CREATE FAKE ACCOUNTS AND FALSIFY THEIR AGE.

SNAPCHAT



SNAPCHAT IS ONE OF THE MOST POPULAR APPS IN RECENT YEARS. WHILE THE APP PROMISES USERS CAN TAKE A PHOTO/VIDEO AND IT WILL DISAPPEAR, NEW FEATURES INCLUDING 'STORIES' ALLOW USERS TO VIEW CONTENT FOR UP TO 24

KIK



KIK ALLOWS ANYONE TO CONTACT AND DIRECT MESSAGE YOUR CHILD. KIDS CAN BYPASS TRADITIONAL TEXT MESSAGING FEATURES. KIK GIVES USERS UNLIMITED ACCESS TO ANYONE, ANYWHERE, ANYTIME.

LIVE.ME



LIVE.ME IS A LIVE-STREAMING VIDEO APP THAT USES GEOLOCATION TO SHARE VIDEOS SO USERS CAN FIND OUT A BROADCASTER'S EXACT LOCATION. USERS CAN EARN 'COINS' AS A WAY TO 'PAY' MINORS FOR PHOTOS.

HOLLA



HOLLA IS A SELF-PROCLAIMED 'ADDICTING' VIDEO CHAT APP THAT ALLOWS USERS TO MEET PEOPLE ALL OVER THE WORLD IN JUST SECONDS. REVIEWERS SAY THEY HAVE BEEN CONFRONTED WITH RACIAL SLURS, EXPLICIT CONTENT AND MORE.

WHISPER



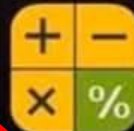
WHISPER IS AN ANONYMOUS SOCIAL NETWORK THAT PROMOTES SHARING SECRETS WITH STRANGERS. IT ALSO REVEALS A USER'S LOCATION SO PEOPLE CAN MEET UP.

ASK.FM



ASK.FM IS KNOWN FOR CYBER BULLYING. THE APP ENCOURAGES USERS TO ALLOW ANONYMOUS PEOPLE TO ASK THEM QUESTIONS.

CALCULATOR%



CALCULATOR% IS ONLY ONE OF SEVERAL SECRET APPS USED TO HIDE PHOTOS, VIDEOS FILES AND BROWSER HISTORY.

HOT OR NOT



HOT OR NOT ENCOURAGES USERS TO RATE YOUR PROFILE, CHECK OUT PEOPLE IN THEIR AREA, AND CHAT WITH STRANGERS. THE GOAL OF THIS APP IS TO HOOK UP.

Tackling this together ...

- **Curriculum in PD and Computing that explicitly teaches online safety, health relationships and radicalisation.**
- **Our mantra ‘Not in Our School’ aims to promote tolerance and through assemblies and tutor time reinforce the dangers of being manipulated online.**
- **Extra vigilance for vulnerable groups**
- **Proactive relationship with the Child Centred Policing Team and Prevent**
- **Wellbeing support – Mental Health Support Team, Life Coach, ELSAs, Inclusion support, Re-Engagement Curriculum, SEND support and targeted intervention.**
- **Commitment to do all we can to prepare all students for the realities of the online world – the positives, negatives and dangers.**





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Questions?

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